



HOTEL
BEŠEŇOVÁ
★ ★ ★

CONFERENCE OFFER





Silvia Žuborová

General manager of Hotel Bešeňová ***

Dear client,

We are honoured by your interest in using the conference services at the Bešeňová hotel. Our hotel offers a modern conference centre, comfortable accommodation, wellness services and top-class restaurants under one roof.

Discover the power of geothermal water and recharge your batteries in the embrace of the beautiful region of Liptov. We can guarantee your conference, teambuilding or family meeting will be unforgettable. Our complex is located in the spa village of Bešeňová, 10 km from the town of Ružomberok.

It is a big challenge for us to make your individual wishes come true and do our best to attend to your special event with a natural sense of detail.

The success of every conference or meeting is based on flawless organisation and the knowledge that we are ready to arrange and ensure anything.

Hotel Bešeňová*** | www.tmrhotels.com/en/meetings-and-events/
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HOTEL ROOM
DETAILS



HOTEL
AMENITIES



CONFERENCE
ROOMS



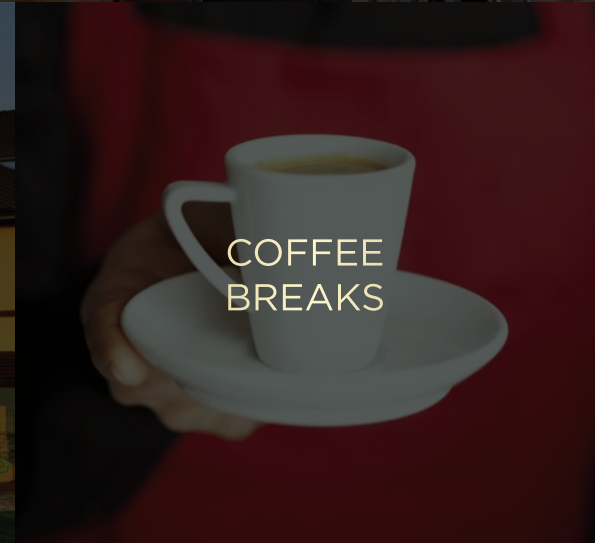
CONFERENCE
ROOM PRICES



TECHNICAL
EQUIPMENT



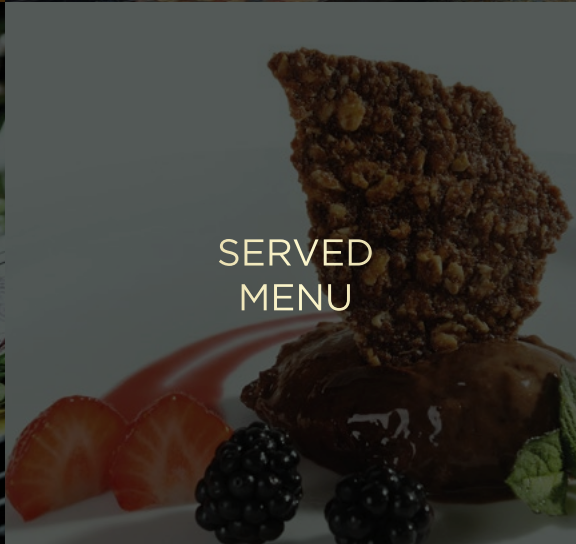
HOTEL
INFORMATION



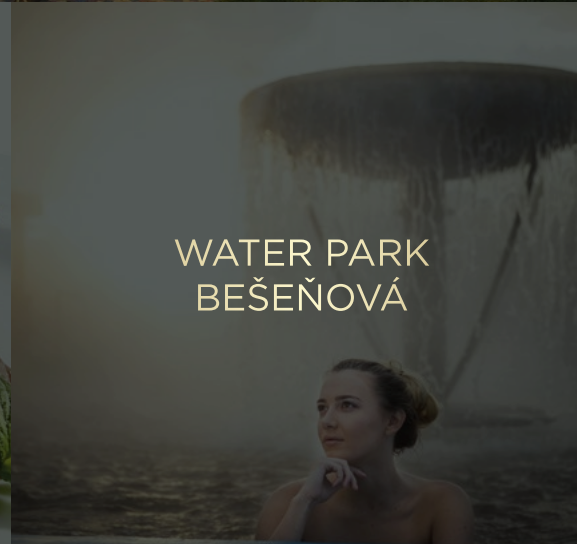
COFFEE
BREAKS



BUFFET
MENU



SERVED
MENU



WATER PARK
BEŠEŇOVÁ



SUGGESTED
ACTIVITIES



RESORT DETAILS:

The Bešeňová hotel offers comfortable accommodation in stylish and modern rooms, studio suites and suites with pools on the doorstep. The total capacity is 208 regular beds and 122 extra beds in 102 rooms. The water paradise guarantees absolute comfort and complex services in one location. The water park is opened all year round and uses geothermal energy. After a long day of trainings, conference participants can relax in outdoor pools with geothermal water and indoor pools with clear water as well as have a lot of fun in sea waves. Adrenalin lovers can frolic on the longest and fastest water slides. And the exclusive Wellness & Spa centre guarantees absolute peace and relaxation.

Enjoy high-quality catering services and taste delicious gourmet specialities in the complex.

CATEGORY: 3*

LOCATION:

An ideal location, great accessibility and complex services make the resort tailor-made for organising all kinds of corporate and teambuilding events.

2 km from the D1 motorway – Ivachnov , 10 km from Ružomberok, 15 km from Liptovský Mikul š, 66 km from Poprad – Tatry airport, 190 km from Košice airport, 270 km from Bratislava.

NUMBER OF CONFERENCE ROOMS: 3

NUMBER OF ROOMS: 102

25 Standard rooms, 4 Suites, 58 Studio suites, 7 Apartments, 8 Apartments Hastens

NUMBER OF RESTAURANTS: 5

Culinaria - hotel restaurant

Panorama - hotel restaurant

Bistro - self-service restaurant

Giovanni - seasonal restaurant

Cosmopolitan bar - outdoor bar in a pool

CHECK-IN: 3:00 pm

CHECK-OUT: 10:00 am

LATE CHECK-OUT: price available on request





STANDARD ROOMS

Some Standard double room has an extra bed possibility. Many rooms offer views of the water park, some have balconies. Beds in all standard rooms can be separated as twin beds.

NUMBER OF ROOMS: 25



SUITE

Each two-room Suite consists of a separate bedroom and a living room. Suites are spacious enough to fit an extra bed (sofa bed) in the living room. Some suites are located in the attic. They offer either water park or car park views. Not all rooms feature balconies.

NUMBER OF ROOMS: 4



STUDIO SUITE

Single-room studio suites with 2 twin beds (some with a possibility of 1-2 extra beds) feature standard amenities and a practical kitchenette. Many studio suites located on the ground floor and offer views of the water park and terraces. Some of those located upstairs have balconies. Double beds cannot be separated as twin beds in this type of rooms.

NUMBER OF ROOMS: 58





APARTMENT

Spacious double room suites offer comfort and a lot of space. The living room features a kitchenette with basic equipment. A separate bedroom contains a double bed that cannot be separated as twin beds. An extra bed is available in the living room.

NUMBER OF SUITES: 7



APARTMENTS HASTENS

Hastens suites are ideal for guests who look for a spacious modern room with a separate kitchenette. The bedroom with an exclusive Hastens bed guarantees absolute relaxation and quality sleep. A couch in the living room can be used as an extra bed. All suites feature balconies, some of them overlook the water park.

NUMBER OF SUITES: 8



RESTAURANT CULINARIA

The spacious area is tailored for evening events. Culinaria is located under conference rooms and offers an à la carte menu as well as hotel buffets.

RESTAURANT CAPACITY: 180 seats



RESTAURANT PANORAMA

The unique Panorama restaurant offers beautiful views of the water park and surrounding mountains. Modern and simple interior elements combined with high glass walls create a very special atmosphere. The restaurant layout enables to add a stage and adapt the seating arrangement to various types of events.

RESTAURANT CAPACITY: 80 seats



LOBBY BAR

The lobby bar next to the reception overlooking the water park is ideal to refresh oneself with a favourite drink. There is a lot of room and natural light, which will make you feel very comfortable.

LOBBY BARU CAPACITY: 36 seats





GIOVANNI RESTAURANT

The restaurant located in the water park of Bešeňová offers Italian specialities – pizza, pasta, salads. It is opened only during the summer season. The restaurant can be rented in the evening for various purposes. To book it for an evening event or a noisier celebration, all 29 rooms located above the restaurant must be booked too.

RESTAURANT CAPACITY: 110 indoor seats + 65 terrace seats



BISTRO RESTAURANT

The self-service restaurant located in the centre of the water park of Bešeňová serves Slovak dishes, home-made pasta, grilled specialities and ready-made meals. Bistro is the ideal choice if you organise a corporate event without a fixed programme schedule.

RESTAURANT CAPACITY: 220 indoor seats + 88 terrace seats



COSMOPOLITAN BAR

The bar is located inside a thermal water relaxation pool and offers more than 20 mixed alcoholic and soft drinks. Clients can enjoy them while sitting on special underwater chairs and then have a rest in relaxation zones with massage jets.

RESTAURANT CAPACITY: 60 seats





CONFERENCE ROOMS

Are you looking for a place where work could be combined with passive and active relaxation? The Bešeňová hotel offers a unique combination of a year-round water paradise with wellness relaxation, top-quality hotel services and variable conference rooms. All this guarantees success of your congress, conference, social event or teambuilding. Let our services surpass your expectations!



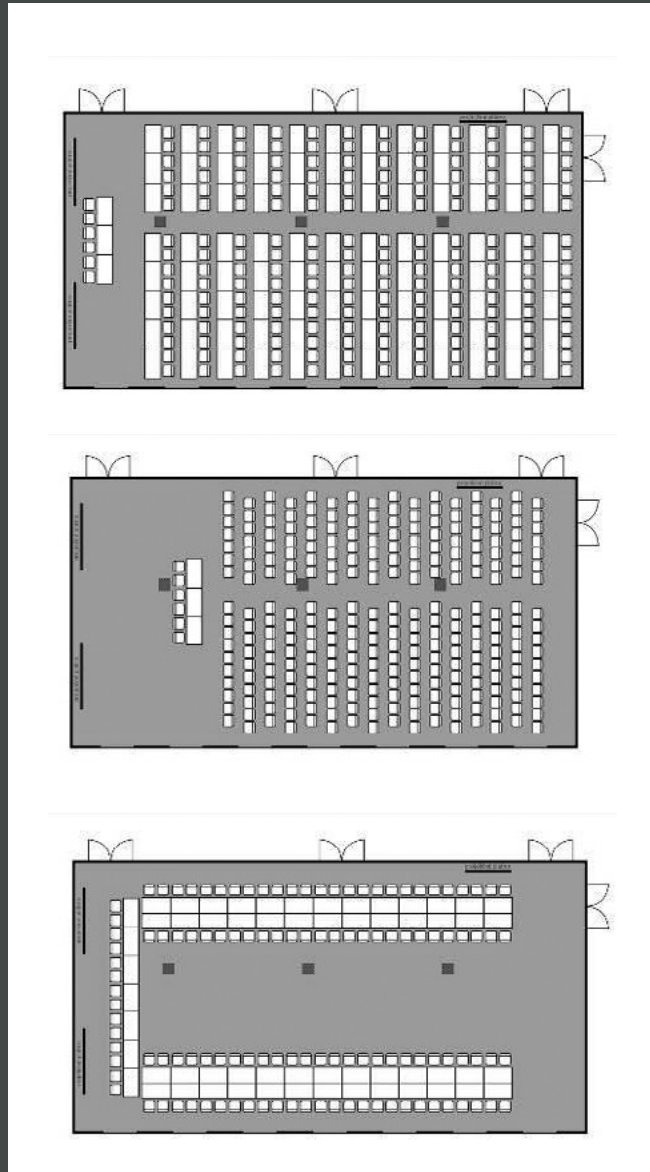
	Size (m)	Area (m ²)	Theatre seating*	Classroom seating*	U-seating*	Max. 4-hour rental incl. VAT	1-day rental incl. VAT
Conference room I	20 x 11.6	255	270	180	54	280 €	420 €
Conference room II	10 x 8	80	60	40	28	130 €	200 €
Conference room III	12.5 x 6.5	80	80	50	30	130 €	200 €
Evening restaurant hire (after 9:00 pm, until max. 2:00 am)						100 €/hour	
Evening lobby bar hire** (after 11:00 pm)						50 €/hour.	

*In the case of the given seating arrangement(s), coffee breaks can be served in the foyer in front of the conference rooms.

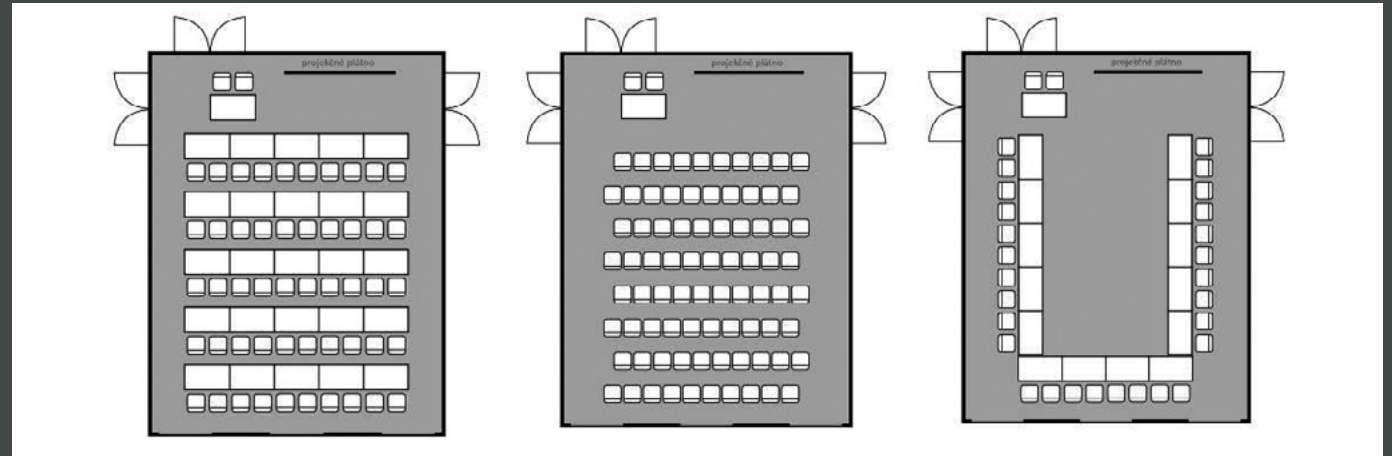
**Only if drinks from the bar are consumed. • The restaurant and lobby bar rental availability has to be discussed with the hotel. • The day rental of conference rooms can last until 9:00 pm.



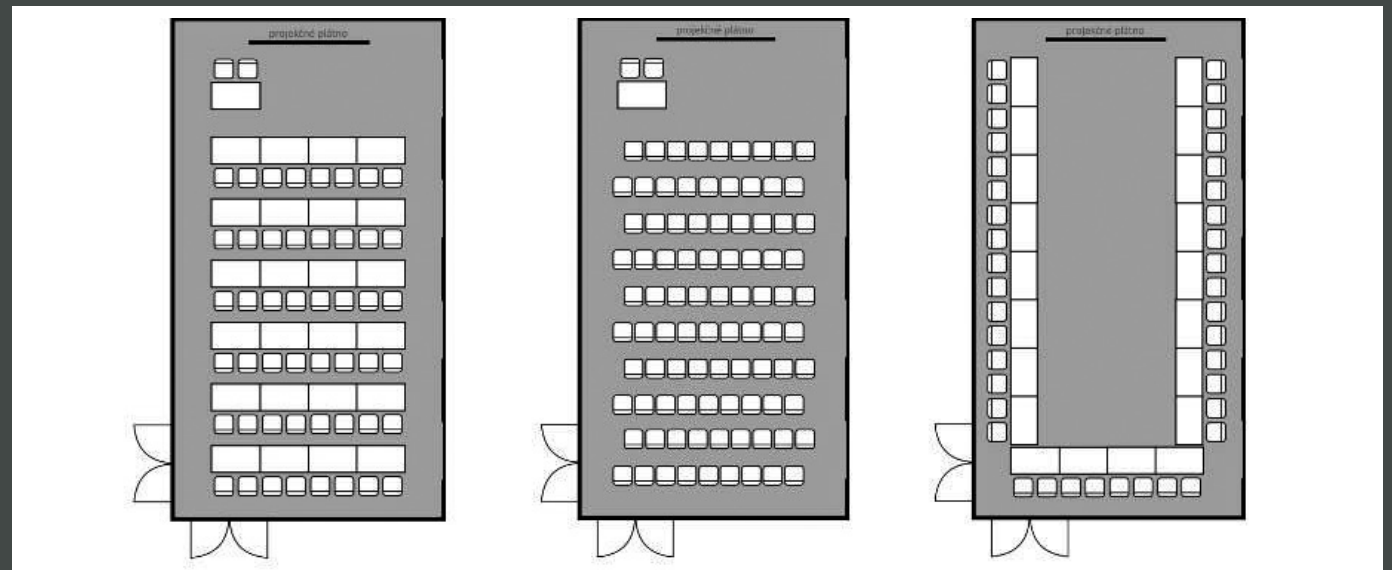
CONFERENCE ROOM I



CONFERENCE ROOM II



KONGRESOVÁ SÁLA III.





TECHNICAL EQUIPMENT PRICES

Equipment	Half-day rental (4 hours) incl. VAT	1-day rental incl. VAT
Projection screen	included in the rental price	included in the rental price
Data projector	50 €	70 €
Flipchart + paper set + markers	15 €	
Laser pointer	5 €	
Wifi	included in the rental price	
Sound system	240€/day/hall + 120€/day/each additional hall	
Music production (DJ)	price upon request	
Dance floor	price upon request	
Round banquet tables, diameter 115 cm (max. 12 pc)	included in the rental price	





COFFEE BREAKS

BUFFET MENUS

SERVED MENUS

minimum number – 10 people

COFFEE BREAK 1

Price 6.50€/person incl. VAT

0.15 l Coffee with milk
0.2 l Tea

100 g Strudel (apple, sour cherry & poppy seed, curd cheese)
40 g Crackling scone

COFFEE BREAK 2

Price 7.00€/person incl. VAT

0.15 l Coffee with milk
0.2 l Tea

70 g Open sandwich (ham, salami, cheese)
35 g Sweet tea biscuits

COFFEE BREAK 3

Price 9.50€/person incl. VAT

0.15 l Coffee with milk
0.2 l Tea

0.2 l Lemon water
80 g Caprese croissant
100 g Strudel (apple, sour cherry & poppy seed, curd cheese)
40 g Mini stuffed savoury pastries

COFFEE BREAK 4

Price 9.50€/person incl. VAT

0.15 l Coffee with milk
0.2 l Tea

0.2 l Lemon water
75 g String cheese
35 g Sweet tea biscuits
40 g Canapé with crackling spread

COFFEE BREAK 5

Price 12.00€/person incl. VAT

0.15 l Coffee with milk
0.2 l Tea

0.33 l Mineral water
40 g Canapé with smoked salmon
100 g Toast with Moravian smoked meat, mustard foam and fresh vegetables
80 g Filled sweet croissant

COFFEE BREAK 6

Price 12.00€/person incl. VAT

0.15 l Coffee with milk
0.2 l Tea

0.33 l Mineral water
35 g Butter pastry with chocolate
40 g Canapé with butter and prosciutto
40 g Savoury puff pastry swirl
80 g Chocolate muffin

*Individual prices apply only to the packages as specified above. If any items are changed or replaced, the prices change applicably.



EXTRA ITEMS

DRINKS

- 7 g Espresso coffee 2.60€
- 0.15 l Filter coffee 2.20€
- 2 g Packaged tea 1.80€
- 0.33 l Rajec mineral water 2.40€
- 0.75 l Rajec mineral water 3.40€
- 0.2 l Curiosa juice 3.30€
- 0.33 l Sparkling soft drink 3.20€
- 1 l Water with lemon 1.20€

FRUIT & VEGETABLE

- 100 g Fresh fruit 2.00€
- 100 g Fruit salad 2.50€
- 100 g Sliced fruit 2.50€
- 100 g Vegetable salad 1.70€

PASTRIES & SNACKS

- 100 g Strudel (various types) 2.50€
- 50 g Crackling scone 1.80€
- 50 g Ham & cheese pastry swirl 1.80€
- 70 g Open sandwich (ham, cheese, salami, vegetarian) 2.50€
- 60 g Sweet tea biscuits 1.50€
- 80 g Caprese croissant / Filled butter croissant 2.80€
- 50 g Home-made fruit cake 2.20€
- 75 g String cheese 3.00€
- 100 g Toast with Moravian smoked meat, mustard foam and fresh vegetables 3.50€
- 25 g Butter pastry with chocolate 1.80€
- 45 g Spinach pancake with cheese filling and fruit 1.80€
- 80 g Chocolate muffin 2.20€
- 40 g Canapé selection 2.00€
- 1 kg Ham & cheese platter 25.00€

All prices of extra items include VAT.



BUFFET 1

Price 28€/person incl. VAT

COLD BUFFET

30 g Canapé with ham mousse and horseradish

SOUP

0.25 l Chicken consommé with noodles

HOT BUFFET

75 g Cornflake-crusted mini chicken schnitzels

75 g Pork neck with sautéed green beans

75 g Viennese-style beef steak

100 g Pasta with pesto and cherry tomatoes

SIDE DISHES

100 g Boiled potatoes with butter and chives

75 g Potato chips

50 g Steamed rice

75 g Mixed vegetable salad with feta cheese

30 g Mixed leaf salad

DESSERT

40 g Daily selection

BUFFET 2

Price 28€/person incl. VAT

COLD BUFFET

30 g Tartlet with cheese mousse

SOUP

0.25 l Potato cream soup with mushrooms

HOT BUFFET

75 g Chicken breast with herb sauce

75 g Roasted pork neck with caramelised sauerkraut

75 g Beef Stroganoff with button mushrooms

50 g Pancakes with sour cherry sauce

SIDE DISHES

50 g Steamed dumplings

75 g Steamed rice

100 g Mixed vegetable salad with grapes

75 g Potato wedges

DESSERT

40 g Daily selection





BUFFET 3

Price 28€/person incl. VAT

COLD BUFFET

30 g Fried vegetable spring rolls with sweet chilli sauce

SOUP

0.25 l Chicken consommé with noodles

HOT BUFFET

75 g Breaded chicken schnitzels

75 g Roasted pork belly with beer and herbs

75 g Round roast beef with dill sauce

100 g Grilled vegetables with Halloumi cheese

SIDE DISHES

100 g Roasted baby potatoes with rosemary

50 g Steamed dumplings

50 g Rice

75 g Mixed vegetable salad with Balkan cheese

50 g Mixed leaf salad

DESSERT

40 g Daily selection

BUFFET 4

Price 28€/person incl. VAT

COLD BUFFET

30 g Cheese roulade

SOUP

0.25 l Bean soup with smoked meat and vegetables

HOT BUFFET

75 g Chicken breast with herb sauce

75 g Roasted pork pieces with bacon, sausage and onions

75 g Beef Stroganoff with button mushrooms

50 g Fried potato gnocchi with cinnamon and honey

SIDE DISHES

50 g Steamed dumplings

50 g Steamed rice

70 g Mashed potatoes

100 g Mixed vegetable salad

30 g Mixed leaf salad with grapes

DESSERT

40 g Daily selection





BUFFET 5

Price 30€/person incl. VAT

COLD BUFFET

50 g Cheese selection with fruit and vegetables

SOUP

0.25 l Rich beef consommé with vegetables and meat

HOT BUFFET

75 g Chicken breast with herb crust

75 g Pork tenderloin with mushroom-cream sauce

75 g Braised beef slices with rosehip sauce

150 g Pasta with grilled vegetables, basil pesto and Balkan cheese

Potato gnocchi with butter and poppy seed topping

SIDE DISHES

100 g Boiled potatoes with butter and parsley

75 g Steamed rice

100 g Mixed vegetable salad with pomegranate

30 g Mixed leaf salad

DESSERT

40 g Daily selection

BUFFET 6

Price 30€/person incl. VAT

COLD BUFFET

40 g Canapé with bryndza (sheep cheese product) spread and red onion

SOUP

0.33 l Bean soup with smoked meat and vegetables

HOT BUFFET

75 g Sesame-breaded mini chicken schnitzels

75 g Hungarian beef goulash

100 g Gnocchi with bryndza (sheep cheese product) and bacon

75 g Bacon-wrapped pork tenderloin

50 g Vegetable couscous

SIDE DISHES

70 g Creamy mashed potatoes with herbs

80 g Bread dumplings

50 g Rice

30 g Leaf salad

100 g Mixed vegetable salad

DESSERT

40 g Daily selection





BUFFET 7

Price 32€/person incl. VAT

COLD BUFFET

50 g Mozzarella caprese

SOUP

0.25 l Liptov-style sauerkraut soup with sausage

0.25 l Beef consommé with meat, vegetables and noodles

HOT BUFFET

100 g Roasted chicken legs with herbs

75 g Turkey roulade with herb mash

75 g Breaded mini pork schnitzels

75 g Beef sirloin with cream sauce

100 g Spaghetti Aglio e Olio

SIDE DISHES

80 g Buckwheat with vegetables and Halloumi cheese

50 g Steamed dumplings

100 g Buttered baby potatoes

50 g Steamed rice

50 g Potato dumplings with sweet filling, butter and toppings

100 g Mixed vegetable salad with olives

30 g Leaf salad

DESSERT

40 g Daily selection

BUFFET 8

Price 32€/person incl. VAT

COLD BUFFET

50 g Prosciutto with melon

SOUP

0.25 l Beef consommé with meat, vegetables and noodles

0.25 l Garlic cream soup with croutons

HOT BUFFET

75 g Chicken breast baked with mozzarella and tomato

75 g Turkey breast with Provençale sauce

75 g Pork leg with cream sauce, peas and cucumber

75 g Braised beef sirloin with tomato sauce

100 g Creamy mushroom pasta

80 g Potato dumplings with poppy seed filling, butter and nuts

SIDE DISHES

100 g Potato chips

75 g Rice

70 g Steamed vegetables

50 g Elbow pasta

30 g Mixed leaf salad

50 g Cabbage salad with carrots

DESSERT

40 g Daily selection





BUFFET 9

Price 37€/person incl. VAT

COLD BUFFET

50 g Pickled Camembert

SOUP

0.25 l Broccoli cream soup

0.25 l French onion soup with cheese and croutons

HOT BUFFET

75 g Chicken steaks with butter-braised asparagus

75 g Zander fillet with herb butter

75 g Sous vide pork tenderloin with dried plum sauce

75 g Beef Bourguignon

100 g Fried potato gnocchi with honey and cinnamon

70 g Fried Camembert

SIDE DISHES

100 g Roasted potatoes with pork fat and caraway seeds

100 g Mashed potatoes

50 g Rice

80 g Grilled vegetables with pesto

30 g Mixed leaf salad

DESSERT

40 g Daily selection

BUFFET 10

Price 37€/person incl. VAT

COLD BUFFET

50 g Liver pâté with almonds

SOUP

0.25 l Light pumpkin cream soup

0.25 l Beef consommé with sliced pancake noodles

HOT BUFFET

100 g Chicken breast filled with dried fruit and cheese mash

75 g Herb-cruste tilapia

75 g Pork tenderloin filled with ricotta and olives

75 g Confit duck breast with pear chutney

100 g Grilled vegetables with tofu and button mushrooms

100 g Spinach-cream gnocchi

SIDE DISHES

100 g Mashed potatoes with bacon and onion

100 g Steamed rice

30 g Potato croquettes

30 g Mixed leaf salad

50 g Greek salad with olives and cheese

50 g Cucumber salad with yoghurt

DESSERT

40 g Daily selection





MENU 1 (4 courses)

Price 18€/person incl. VAT

SOUPS

0.25 l Beef consommé with vegetables and noodles

0.25 l Bean soup with smoked meat

0.25 l Broccoli cream soup with bread croutons

0.25 l Minestrone

MAIN COURSES

150 g/160 g Chicken breast stuffed with Balkan cheese, steamed rice

150 g/160 g Pork neck steak with green beans wrapped in bacon, mashed potatoes

160 g Beef Stroganoff with button mushrooms and egg barley

150 g/160 g Fish fillet baked with cheese and herbs, lemon sauce and boiled potatoes

350 g Pasta Al Arrabbiata with olives

DESSERT

50 g Dessert of the day

MENU 2 (4 courses)

Price 24€/person incl. VAT

STARTERS

80 g Marinated beetroot carpaccio with walnuts

80 g Tomato-red onion tartare

80 g Bruschetta Toscana

SOUPS

0.25 l Pumpkin cream soup with ginger and milk foam

0.25 l Beef consommé with pancake noodles, vegetables and meat

0.25 l Spinach cream soup with croutons

0.25 l Traditional sauerkraut soup with smoked meat and mushrooms

MAIN COURSES

150 g/150 g Pork tenderloin with red onion chutney and roasted potatoes

350 g Beetroot risotto with chicken, courgette and pecorino cheese

150 g/150 g Zander fillet served with roasted vegetables

150 g/150 g Grilled Flank steak served with grilled vegetables and green peppercorn sauce

DESSERT

50 g Dessert of the day





MENU 3 (4 courses)

Price 32€/person incl. VAT

STARTERS

- 80 g Foie Gras pâté with flax seed-coated cranberries
- 80 g Sous-vide roast beef with Waldorf salad
- 80 g Smoked salmon tartare with dill dressing and lemon zest

SOUPS

- 0.25 l Beef consommé with liver gnocchi
- 0.25 l Chanterelle cream soup with crispy peas
- 0.25 l Traditional bryndza (sheep cheese product) soup with toasted bread

MAIN COURSES

- 150 g/150 g Salmon steak with courgette ragout and white wine sauce, boiled baby potatoes
- 150 g/150 g Venison loin with forest fruit-wine reduction, gratin potatoes
- 200 g/160 g Slow-cooked duck breast served with baked pear, orange and bread dumplings

DESSERT

- 50 g Dessert of the day

MENU 4 (4 courses)

Price 36€/person incl. VAT

STARTERS

- 80 g Beef tenderloin tartare with toast
- 100 g Duck carpaccio with arugula salad and forest fruit
- 100 g Stuffed Camembert-type cheese with pickled vegetables and mustard seeds

SOUPS

- 0.25 l Rich beef consommé with meat and noodles
- 0.25 l Liptov-style sauerkraut soup with smoked meat and mushrooms
- 0.25 l Traditional bryndza (sheep cheese product) soup with toasted bread

MAIN COURSES

- 150 g/150 g Veal ragout with wild mushrooms and vegetables, tagliatelle
- 150 g/200 g Beef rib-eye steak with baked potato and baby vegetables
- 150 g/160 g Chicken supreme with pea purée and grilled cherry tomatoes
- 170 g/160 g Pork Wellington with julienne vegetables and mashed potatoes
- 200 g/150 g Smoked tofu with vegetable groats risotto and bulgur

DESSERT

- 50 g Dessert of the day





DESSERT SELECTION

Prices available on request

100 g Potato gnocchi with poppy seeds/walnuts

100 g Fruit dumplings with butter and chocolate

100 g Curd cheese strudel with raisins

100 g Mascarpone cream with fruit and butter biscuits

100 g Ice cream sundae

100 g Tiramisu

100 g Fruit cake

50 g Chocolate cake

50 g Punch cake





MICE RULES

- Groups ordering served lunch/dinner must not exceed 80 people.
- Buffet lunch/dinner is available for groups of at least 20 people.
- Final orders for food and drinks must be placed no later than 7 days before the event.
- For specific drink requests, the required quantities must be ordered no later than 7 days before the event (otherwise, the hotel cannot guarantee the availability of the requested quantities).
- The number of participants can be changed by +/- 30% of the confirmed number no later than 48 hours before the event.
- Special dietary requirements must be communicated no later than 48 hours before the event; otherwise, the hotel cannot guarantee the availability of the requested meals.
- The number of participants can be changed by +/- 10% of the confirmed number no later than 12 hours before the event.
- Any changes to the event timing must be reported at least 3 hours before the start. The event can start up to 1 hour earlier than agreed. For later starts, the 3-hour notice rule also applies.
- Evening entertainment must end by 2:00 am at the latest.
- Usual restaurant opening times are from 7:00 am to 9:00 pm. Each extra hour outside the usual hours will cost 100€/hour. Any extension of the opening times must be agreed in advance.
- Usual lobby bar opening times are from 10:00 am to 11:00 pm. Each extra hour outside the usual hours will cost 50€/hour. Any extension of the opening times must be agreed in advance.
- If any evening programme is held in the restaurant, all rooms in block C and C-Lux at the Bešeňová Hotel must be occupied. If these rooms are not occupied, the use of the restaurant will be subject to hotel management approval.
- The final invoiced amount will include VAT.

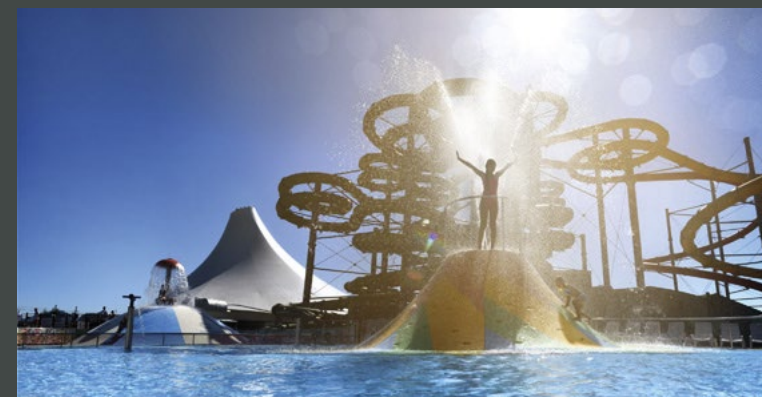


BEŠEŇOVÁ WATER PARK

Recharge your batteries in the very heart of the Liptov region in outdoor and indoor pools which are open all year round. Discover the power and beneficial effects of geothermal water that rises as deep as 1,987 metres and has a temperature of 60.5 °C.

The water park offers 4 outdoor thermal pools, a new relaxation pool with the so-called Cosmopolitan bar and a recreational pool with swimming lanes all year round. The Cosmopolitan pool bar serves various mixed alcoholic and soft drinks. A pool hall is also open all year round and features a relaxation pool with a water slide, a small relaxation pool with underwater seats and the Fountain whirlpool. In summer, there are also 5 clear water outdoor pools including a 25-metre-long swimming pool available.

← The adrenalin zone of the water park of Bešeňová consists of an indoor section which is available all year round and features a wave pool and a children's pool with a water castle. During the summer season, the adrenalin zone offers a 220-metre-long wild river, a lot of fun on a pulsating ball in the Bubble pool or the Volcano pool for kids. →





HARMÓNIA – WELLNESS & SPA

Saunas are ideal for recharging mental and physical batteries and prevention against diseases. Warm air and inhalations help relieve tension and stress, strained muscles, improve the blood circulation, make the skin smooth and boost the immune system.

The holistic-themed wellness centre, which focuses on spoiling care for body, mind and spirit, recharges everyone's batteries focuses. The enlarged new wellness & spa centre combines nature of the Liptov region represented by birch trees, the so-called cave of Bešeňová and endless waterfalls with a monumental Sauna temple. Enjoy pampering silence inside a cosy tepidarium and discover the perfect harmony of relaxation and peace of mind in Bešeňová.

It's only up to you if you choose regular sauna bathing or unique day sauna rituals or special nights of sauna rituals. There are standard sauna relaxation, unique day sauna rituals or special nights of sauna rituals to choose from. Feel free to try a **herbal sauna** (with a strong aroma), a **salt inhalation** (great for the airways), **strong menthol inhalation** (which unclogs the pores and cleanses the skin) and a **dry Finnish sauna** (as the best immunity boost when combined with a cold bath). The sauna world offers also tepidariums overlooking the exterior and a relaxation room upstairs.

RELAXATION CENTRE

Recharge your batteries in our Relaxation centre which offers various massages (Thai, classic, relaxation, hot stone) and treatments. There is also fish therapy – natural pedicure using Garra Rufa fish.





EXCLUSIVE NIGHTS OF SAUNA RITUALS

Prices from 2 928€ for a maximum of 200 people (we suggest 20 - 120 people).

* The prices are subject to change depending on specific wishes.

The price includes:

- 4-hour rental of the Harmónia wellness centre and the Atrium zone (after the official opening times)
- 4 unique sauna rituals in a fully equipped sauna temple for 100 people
- ← • 3 peeling treatments (max. steam sauna capacity - 20 people)
- 10 saunas, an indoor whirlpool, a cooling pool, an outdoor garden with three whirlpools, a tepidarium, a sauna temple and two pools with water slides in the Atrium relaxation zone with the total area of 273 m²
- Professional sauna masters
- Fruit refreshment after each ritual
- A wellness bar with alcoholic/soft drinks available





SUGGESTED ACTIVITIES

JASNÁ MOUNTAIN AND SKI RESORT

JASNÁ – this is more than 50 km of pistes, 23 ski lifts and cable cars, 12 freeride zones, 14 après ski bars and restaurants. There is also a ski school, a sports equipment rental and service facilities, sports shops. In summer, the resort offers clean fresh air, relaxation and various experiential and sports activities. Don't miss the panoramic Rotunda restaurant with 3 suites and a huge roof terrace overlooking the Horehronie region and the Western Tatras.



MUSIC CLUB HAPPY END

A music club tailored for never-ending entertainment, with an enormous capacity of over 1,000 people. The exclusive 2-storey facility with glass bridges features a separate VIP lounge, 3 bars and a spectacular lighting system. The high-quality FUNCTION ONE sound system is popular not only with DJs and bands but also with music fans.



HURRICANE FACTORY (LIPTOVSKÝ MIKULÁŠ)

How about trying a non-traditional, adrenalin but safe sport which is suitable for everybody and guarantees a lot of fun? Enjoy the free-fall feeling inside a safe simulator with professional instructor watching you carefully all the time.



VLKOLÍNEC VILLAGE – UNESCO MONUMENT

Vlkolíneč is one of the most visited Slovak settlements and was included in the list of UNESCO world heritage in 1993. The remarkable oasis of folk architecture is still “alive” and inhabited by permanent residents and cottage owners who stay in their cabins during the season.



ARCHAEOLOGICAL OPEN-AIR MUSEUM IN HAVRÁNOK

The unique archaeological museum in nature and national cultural monument of Havránok is located above the water level of the Liptovská Mara dam, only a few kilometres from the village of Bešeňov. This magical place that attracted many inhabitants of the Liptov region in the north of Slovakia in the past is truly worth visiting. Havránok counts among the most significant archaeological sites in Slovakia which documents the presence of the Celts in the region of Liptov between the 4th and 1st century Bc. There are reconstructed dwellings, a pottery kiln, a sacrificial ground and a bulwark with a gate.





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